



UC DAVIS
HEALTH

MEDICAL
CENTER

Community Benefit Report

March 2020

A message from Dr. Lubarsky



We're proud to be actively involved in advancing health and health care throughout the Sacramento region. Every year, UC Davis Health participates in, partners with, or sponsors hundreds of community events and programs. We invest resources in the community in alignment with our overall missions of patient care, research and education.

Our community benefit programs include:

- Educating future health professionals who will serve the region
- Serving many Medi-Cal recipients and uninsured people
- Supporting a variety of health improvement services and projects
- Conducting research that improves lives
- Contributing to the region's economy and vitality through a talented health care workforce

We partner with groups across the community to help improve public health by addressing Social Determinants of Health. These factors include a person's living conditions, working conditions, housing uncertainty, low income, unsafe neighborhoods, or substandard education, and they dramatically impact a person's wellness and utilization of health care services. Conditions in the places where people live, learn, work, and play affect a wide range of health risks and care outcomes. As the region's leading health care organization, we are working to improve these conditions across the region.

Every three years, UC Davis Health collaborates with other local health systems on a [Community Health Needs Assessment \(CHNA\)](#) report, which identifies and prioritizes the significant health needs of people living in the Sacramento region. Our partnerships with community benefit organizations are aligned around these principles and identified needs.

Our employee and student volunteer programs are perhaps one of the greatest strengths of UC Davis Health. Not only do we support community groups with financial resources, we also provide volunteers and expertise. Our volunteers are part of a team of caring professionals whose mission is to improve the health of the people in the community they serve.

Together, we hope all of these community benefits will improve the health of all patients – whether they receive care at UC Davis Health or anywhere else in Northern California. We hope you'll enjoy seeing some of the direct impacts these programs have across our region.

A handwritten signature in black ink that reads "David Lubarsky". The signature is fluid and cursive, with a small flourish at the end.

David Lubarsky, M.D., M.B.A.

Vice Chancellor of Human Health Sciences
and Chief Executive Officer, UC Davis Health

Community benefit expenses

UC Davis Medical Center Community Benefits (\$000s) (Excludes UC Davis Schools of Health)			
Community Benefits	Total Community Benefit Expense	Direct Offsetting Revenue	Net Community Benefit
Financial assistance (charity care)	\$3,988		\$3,988
Medicaid	\$559,716	\$518,908	\$40,808
Other means tested government programs	\$691	\$872	
Community health improvement services	\$6,553		\$6,553
Health professions education	\$69,869	\$12,971	\$56,898
Subsidized health service			
Research	\$28,622		\$28,622
Cash and in-kind contributions	\$6,269		\$6,269
Total community benefit expenses	\$675,708	\$532,751	\$143,138
Medicare	\$ 711,615	\$546,418	\$165,197
Community benefits with Medicare	\$ 1,387,323	\$1,079,169	\$308,335
Total operating expenses			\$2,411,433

Note: Prepared in alignment with instructions to IRS Form 990, Schedule H. As a governmental entity, UC Davis Medical Center does not file Form 990.

Community benefits as % of expenses

Net community benefit expenses	5.9%
Medicare*	6.9%
Community benefits with Medicare	12.8%

* The net cost of serving Medicare members is not recognized by the IRS as a community benefit, but represents a significant investment to serve our community.



Glossary of terms

Cash and in-kind contributions

Contributions made by the organization to support community benefits provided by other organizations.

Community benefit operations

Activities associated with community health needs assessments as well as community benefit planning and administration.

Community health improvement services

Activities or programs carried out or supported for the express purpose of improving public health that are subsidized by the health care organization.

Financial Assistance Care

Free or discounted health services provided to persons who meet the organization's criteria for financial assistance and are thereby deemed unable to pay for all or a portion of the services.

Health professions education

Educational programs that result in a degree, certificate, or training that is necessary to be licensed to practice as a health professional, as required by state law; or continuing education that is necessary to retain state license or certification by a board in the individual's health profession specialty.

Medicaid

The United States health program for individuals and families with low incomes and resources.

Medicare

The United States health program for people who are 65 years of age and older, and for young persons with certain disabilities. Medicare is not included in reportable community benefits on IRS Form 990, Schedule H.

Other means tested government programs

Government sponsored health programs where eligibility for benefits or coverage is determined by income and/or assets.

Research

Any study or investigation that receives funding from a tax-exempt or governmental entity of which the goal is to generate generalizable knowledge that is made available to the public.

Subsidized health services

Clinical services provided despite a financial loss to the organization.

Health Professions Education

Expenses incurred by UC Davis Medical Center in educating interns and residents, medical students, and allied health professionals are reported in this category.

Program	Brief Description	Support from UC Davis Medical Center
Graduate Medical Education (GME)	Education provided to over 560 interns and residents in a wide array of specialties.	\$46,294
Education provided to Physical Medicine and Rehabilitation Students	Internship hours totaled 17,960 hours. Program provides mentorship and clinical hours to graduating therapists.	\$1,214,096
Clinical Laboratory Scientists and Cytotechnologists training program	Time devoted by Laboratory staff to provide lectures and training for CLS and Cytotech students.	\$615,000
UC Davis Children's Hospital NICU Outreach Nurse	Provides requested clinical education to rural and underserved hospitals and clinics. This community benefit improves patient care and enhances access to care.	\$150,000
(PACES) Pediatric Acute Care Education Sessions	PACES is a complimentary peer-to-peer online continuing medical education course supporting clinicians who care for pediatric patients at community hospitals. The program gives clinicians the opportunity to increase their specialized knowledge in pediatric clinical guidelines.	\$131,876



Pediatric Acute Care Education Sessions (PACES)

Many community hospitals do not have access to pediatric emergency trained physicians but treat children with a variety of conditions. To support these partners, UC Davis Health created Pediatric Acute Care Education Sessions (PACES).

PACES is a complimentary peer-to-peer online continuing medical education course that gives clinicians the opportunity to increase their specialized knowledge in pediatric clinical guidelines by viewing webinars.

Topics range from asthma and bronchiolitis to guidelines for transfer and when to use telehealth. The PACES program is currently shooting a series

of “just in time” training videos on specific pediatric conditions and needs, such as how to place an IV or have age-appropriate discussions with patients.

As of 2019, PACES reached nearly 30 community hospitals and more than 125 providers.

Children’s Hospital NICU Outreach Nurse

At UC Davis Children’s Hospital, NICU outreach nurse Sharon Conner works directly with the medical team to support education and engagement in our partner and referral facilities. Conner coordinates in-person education and webinars for referral facilities with UC Davis Health neonatologists.



As a long-time NICU nurse, Conner assesses the needs of partner and referral facilities when she receives NICU nursing-based clinical questions, directing to the appropriate individual or answering as needed. She shares policies, procedures and provides updates on research.

This community resource is accessible to all community medical professionals and students to improve patient care and enhance access to care.

Community Health Improvement Services

The following are examples of activities or programs carried out or supported for the express purpose of improving public health that are subsidized by UC Davis Medical Center.

Program	Brief Description	Support from UC Davis Medical Center
Student Run Health Clinics – lab test performed for free	To support the efforts of UC Davis student health clinics, specimens are routed to our main lab for testing. Student run clinics are the highest volume for outreach specimens and the tests are performed for free.	\$1,128,643
Companion Care	Provides mental health workers at discharge to select board and care. These are patients with behavior issues that normally would not be accepted at a board and care without 24/7 supervision or “mental health worker,” to redirect the patient if they escalate (keeping them out of the hospital).	\$437,193
Elica Health	Elica Health is a Sacramento regional Federally Qualified Health Center (FQHC). Part of Elica’s Wellness Outside Walls (WOW) initiative is the Health on Wheels (HOW) mobile medicine program, featuring state-of-the-art mobile health clinics with full exam rooms that provide services to two primary groups: hard to reach populations with barriers to accessing care and underserved students at select schools within Elica’s service area. UC Davis Health provided funds for them to purchase a second mobile clinic. The clinic is co-branded with UC Davis Health and Elica logos.	\$160,000

A Healing Place: Interim Care Program (ICP)

Imagine a trauma patient living in an unsafe place after losing his job and home; a woman who is critically injured while escaping a violent relationship and has no home to which she can safely return; or a man left newly homeless but spending hundreds of dollars on medication. Individuals like these have received support for their recovery and their futures through the Interim Care Program (ICP), a



respite care program offered through a collaboration between UC Davis Health, other regional health systems, Volunteers of America, the Salvation Army, and WellSpace Health, a Federally Qualified Health Center (FQHC). Founded in 2005, and now with two locations in Sacramento, the Interim Care Program serves people who lack housing and who are well enough for hospital discharge, but still need a safe, supportive space for recuperation. The program is one of only a few of its kind in the nation.

Program	Brief Description	Support from UC Davis Medical Center
Train the Trainer: Primary Care Pain Management and Psychiatry Fellowships	The UC Davis Train the Trainer: Primary Care Pain Management and Psychiatry Fellowships are 10-month multidisciplinary, evidence-based education programs for primary care providers. UC Davis Health provided tuition fellowships for primary care providers at Federally Qualified Health Centers (FQHCs) from the Sacramento region.	\$80,000
Pharmacy 9799 Discharge Medication	Provides medication at time of discharge to non-funded or underfunded patients. These are medications provided in excess of required by California law to ensure a safe recovery from their hospitalization.	\$120,750



Elica Health

UC Davis Health’s affiliation with Elica Health links the expertise of the region’s only academic medical center with patients at Federally Qualified Health Centers (FQHCs) throughout Sacramento and West Sacramento.

Elica’s Health on Wheels mobile medicine program expands access to care by providing services to those who are unable to visit clinics due to lack of transportation, homelessness, and language difficulties. The state-of-the-art mobile health clinics, co-branded with the UC Davis Health and

Elica logos, feature full exam rooms that provide services to two primary groups: hard to reach populations with barriers to accessing care and underserved students at select schools within Elica’s service area.

UC Davis Health provided the funds for the second mobile health clinic.

Train the Trainer: Primary Care Pain Management and Psychiatry Fellowships

Primary care providers deliver most of the pain care in the U.S., but they traditionally have had limited formal training in chronic pain management.

The UC Davis Train the Trainer Primary Care Pain Management Fellowship provides a 10-month, multidisciplinary, educational program for providers who wish to become experts in providing and teaching primary care pain management. The fellowship is designed for practicing clinicians, allowing them to continue to work in their current practice while they receive the training, mentorship and resources needed to lead others in the practice of safe and effective pain management.



Community Health Improvement Services



FamilyLink

The FamilyLink program helps children who are hospitalized at UC Davis Children's Hospital stay connected with friends and family.

The program began with the loaning of laptops to families of pediatric patients, so they could video conference with their hospitalized children. As technology has advanced, the FamilyLink program has evolved with it. Every Neonatal Intensive Care Unit (NICU) bed at UC Davis Children's Hospital is now set up with a webcam. This allows parents and families to see their baby through a secure connection from a home computer, tablet or cellphone 24/7, even when they are not at the bedside.

This program has been shown to help reduce the stress and isolation that can occur during long hospitalizations.

Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT) Program

The Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT) program meets the health care needs of the community by recruiting and placing physician volunteers to provide free medical services to our region's uninsured.



SPIRIT is a collaborative partnership between the Sierra Sacramento Valley Medical Society (SSVMS) and area health systems including UC Davis Health. SPIRIT coordinates specialty consults and surgical services for uninsured individuals at local hospitals and ambulatory surgery centers.

In 2019, UC Davis Health provided free colonoscopies to SPIRIT patients who were unable to access this critical component of care. UC Davis Health also provided funding for general operating support.

Habitat for Humanity “Rock the Block”

UC Davis Health pharmacy residents and Elica Health’s mobile health van hosted a flu shot clinic at Habitat for Humanity’s “Rock the Block” event in Sacramento — one of several free flu vaccination clinics to support our community partners.

Hundreds of volunteers and dozens of sponsors came together to repair 23 homes in South Oak Park and beautify the neighborhood over just two days, ending with a health and wellness fair and community BBQ.

UC Davis Health also provided funds to sponsor “Rock the Block.”



Financial and In-kind Contributions

These are examples of financial contributions made by UC Davis Medical Center to support community benefits provided by other organizations.

Program	Brief Description	Support from UC Davis Medical Center
Interim Care Program (ICP)	Medical respite program for community members discharged from UC Davis Health, and who are experiencing homelessness. Funding for expansion of the ICP program.	\$4,000,000
Housing – Room and Board, Board and Care, Motel	Provides a safe discharge to our homeless patients who require further care and follow-up.	\$1,056,768
LYFT Transportations, RT/Taxi, Greyhound and Air Travel	Provides transportation at time of discharge to non-funded or underfunded patients who do not have a ride home or require further distance travel.	\$116,871
City of Sacramento Pathways to Health and Home/Whole Person Care program	A four-year pilot for individuals experiencing or at-risk of experiencing homelessness by connecting them to health, mental health and other care services, and facilitating their path to permanent housing.	\$1,900,000

In-kind Contributions and Volunteer Hours

The following are a small sample of the many volunteer efforts by our staff to support vulnerable members of our community.

Program	Brief Description	Support from UC Davis Medical Center
Operation Backpack – Volunteers of America Northern California and Northern Nevada	Staff collect and purchase new school supplies and assemble backpacks that are donated to Volunteers of America, and distributed to homeless children in our community. Donations will help ensure all children are prepared for school and will improve their chances for success. This year we donated 323 backpacks. Each backpack is about \$100 to complete (avg. cost of the backpacks are \$50 for elementary and \$150 for high school) for a total of \$32,300 and 646 hours.	\$32,300
Emancipation Baskets – Sacramento County Extended Foster Care and Independent Living	Staff donate new household and personal goods including glasses, dishes, pots and pans, bath and kitchen towels, can opener, cooking spoons, toothbrush/toothpaste, hair care products, and gift certificate for groceries. The Emancipation Baskets provide starter goods for these young men and women as they move out on their own. The baskets are distributed to youth by social workers in the community. This year we donated 124 baskets at an estimated cost of \$250 per basket and approximately four hours of time. Total donations for this project were \$31,000 and 480 hours.	\$31,000
Senior Totes – Sacramento County Senior and Adult Services Division	Nurses donate items to fill tote bags for homebound seniors in our community. The Sacramento County social workers have identified the items as ones seniors truly need, but, due to strained budgets, often go without. The Sacramento County Senior and Adult Services Division serves the elderly, the disabled and dependent adults of Sacramento County. This year we donated 65 totes at an estimated cost of \$40 per tote. Total donations were \$2,600 and 160 hours.	\$2,600

Providing Pathways to Success: St. John's

UC Davis Health has partnered with St. John's Program for Real Change in Sacramento for the past several years. The health system is an employment option for women who've overcome homelessness, poverty and abuse. St. John's highly successful empowerment program helps women address life's most challenging circumstances so that they can become productive community members. The pathway includes employment training and job opportunities, which is where UC Davis Health plays such an important and helpful role.

Women who have overcome everything from mental and physical abuse to alcoholism and drug addiction are able to finally turn their lives around and get jobs with employers like UC Davis Health. Our health system provides the type of employment and work environment that enables the determined.



saint john's
PROGRAM FOR REAL CHANGE